

# Infinite Care Rose Court

*Experience the Infinite difference*

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Resident Enquiry Guide



Infinite Aged Care  
*Where people matter...*

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# Understanding *your care options...*

Infinite Care provides comprehensive services that cater to every stage of life within residential aged care. We understand that every individual has unique needs, and our goal is to create a supportive environment where you feel comfortable and valued.

You can relax and feel at ease, knowing that you're in a place you can truly call home, surrounded by safe, caring, and compassionate hands.



## Respite Care

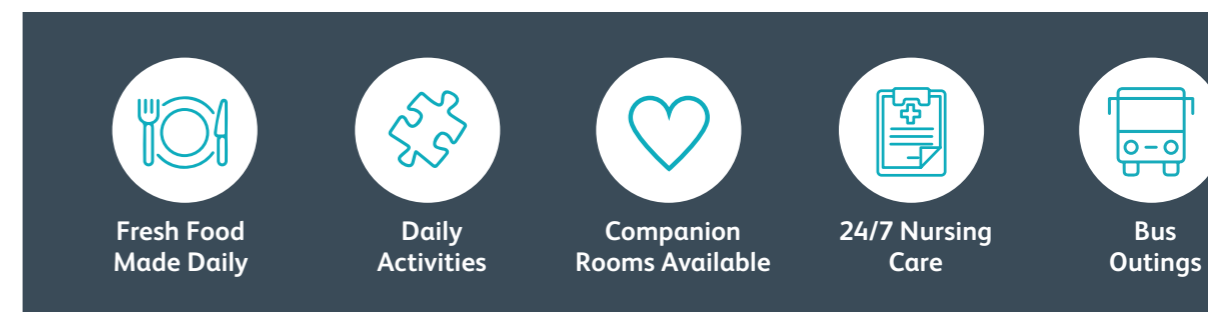
We offer a care and wellbeing program designed to help our respite residents feel instantly comfortable. This includes orientating them with the home, determining any special needs during their stay, and taking them around to meet the team and their neighbours.

Respite Care can be used for short stays to several weeks throughout the year. Funding is available through the Australian Government to eligible people for up to 63 days of Respite Care each financial year.

## Permanent Aged Care

We encourage active participation and consistent input into your permanent care. This is done through regular re-assessment, care planning, reviews, and case management stages that promote your independence and connection with your community.

We will support you to live productively, be healthy, feel you have purpose and stay connected to your community.



## Memory Support

Our specialised care is tailored to support residents with memory related symptoms, providing them with a dementia-friendly environment where thoughtfully crafted spaces ensure residents can move around safely and freely.

Our homes provide a supportive and compassionate atmosphere where individuals can experience the best possible quality of life in our care.

## Palliative Care

We believe that when people are well supported, the last chapter of life can be a good one, full of surprises and expressions of love. It's about being together to support you and help make the most of the time you have.

Palliative Care identifies and treats symptoms which may be physical, emotional, spiritual or social. Our care includes providing support to families through the journey to ensure they feel part of the process and are treated with equal respect and compassion.



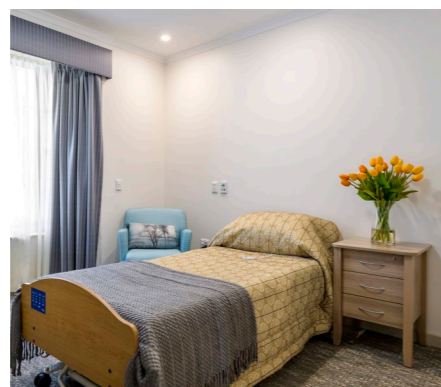
# Infinite Care Rose Court

Infinite Care Rose Court is located in Gilles Plains, close to the Adelaide CBD. This home exudes a feeling of family as soon as you enter, also adopting a ‘Street of Life’ design concept which is evident as soon as you enter the welcoming reception area. Included in this concept are beautifully renovated sunlit common areas, and a fully equipped hairdressing salon. Rose Court offers a homely community with all the modern conveniences, including a range of technology options, activities and services to make your life easier and more enjoyable.

## An idyllic home setting

Rose Court offers a comfortable homely environment for residents, with modernly appointed single and companion bedrooms available. All rooms feature designer inspired soft furnishings and a calming and modern colour scheme. Some rooms are ensuited.

Great care has been taken to ensure each room feels comfortable and homely while still meeting all the requirements of a modern aged care facility. All common sitting areas are bright, friendly and well equipped with comfortable seating, LCD TV screens and a myriad of viewing options.



## We believe that people matter

This has been our philosophy during more than 30 years of delivering quality residential care to ageing Australians. We wholeheartedly believe our residents matter and our team matter too.

Infinite Care is proud to be an inclusive organisation that openly welcomes all people, regardless of ethnicity, culture, sexuality, gender, identity or disability. Infinite is a national organisation and has a wealth of experience in providing care to the aged. Our care model is focused on enhancing residents daily experience and enabling them to continue to live the best life they can.

Infinite Care has implemented an evidence-based Wellness Model based on a resident-centred approach across all our homes. We achieve this by encouraging active resident participation through the assessment, care planning, review and case management stages promoting independence. This supports residents to:

- Live productively
- Have purpose to be healthy
- Stay connected

We take an innovative approach to aged care, providing residents with modern and tailored care solutions to satisfy all facets of their daily lives.

Your new home at Infinite Care will ensure you are supported to live like you’re at home and we provide services that are built around you as you want and need them. You choose the services that enable your choices and maintain your independence and dignity.



# Key Features & Amenities

We base our homes on a 'street of life' concept. All residents have access to the expected comforts of home while also having access to a café, library, hairdresser and so much more without leaving the comfort and safety of familiar surroundings.

## Level of support

- 24/7 RN on site
- Personal Care
- Occupational Therapy
- Podiatry
- Physiotherapy
- Visiting GP's
- Pharmacy connection
- Wellbeing activities
- Allied health access



### Café 8

No need to travel, enjoy a cuppa with your loved ones at our on site Café!



### Bus Outings

We offer monthly bus outings to make sure you are connected to community.



### Hairdresser & Salon

Pamper yourself whenever you want at our on-site hairdressing salons.



### Library Nook

Escape into the world of books at our cosy library nook.



### Wi-Fi

Stay connected to family and friends with our Wi-Fi.



### Gardens & BBQ

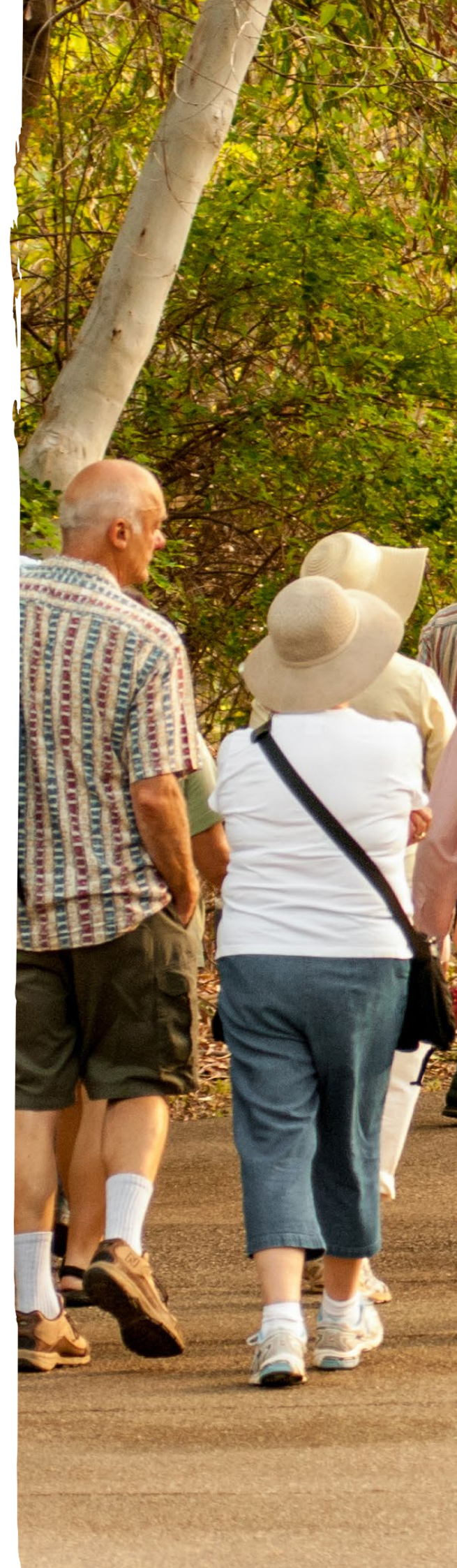
Enjoy some solo or family time in our tranquil gardens.



# Activities & Lifestyle Calendar

Our weeks include a whole host of activities that are designed to balance all your physical and emotional needs. These activities vary from month to month between our different homes. See example schedule below.

	Time	Activity
<b>Monday</b>	9:30am 10:00am 10:30am 1:00pm 3:30pm	Morning Exercises Bingo Pet Therapy Nails & Pamper Session Intergenerational Visit
<b>Tuesday</b>	9:30am 10:00am 10:30am 2:30pm 3:30pm	Morning Exercises Pictionary Concert Armchair Travel 1:1 Visits
<b>Wednesday</b>	9:30am 10:30am 1:00pm 2:30pm 3:30pm	Morning Exercises Bus Outing Infinite Care Trivia Knit & Knatter Indoor Bowls
<b>Thursday</b>	9:30am 10:30am 1:00pm 2:30pm 3:30pm	Morning Exercises Meditation 1:1 Visits Resident Meeting Movie
<b>Friday</b>	9:30am 10:00am 10:30am 1:00pm 2:30pm	Morning Exercises Arts & Crafts Concert Bunnings Workshop Happy Hour
<b>Saturday &amp; Sunday</b>	9:30am 2:00pm	Family & Visitors Day 1:1 Visits



Enjoy fresh,  
nutritious meals



## Food catered to need AND taste...

All our meals are freshly cooked on site each day and overseen by our fully qualified Chef Managers who source fresh local ingredients and base all meals on good old-fashioned home-style cooking that nourishes the body and soul.

Each month we hold a Resident and Relative meeting at each facility and often the topic of discussion is the next seasonal menu. We rely on feedback and suggestions made at these meetings to build our menus to be reviewed and approved by a Dietitian and Nutritionist to ensure a healthy balance of nutritional and dietary needs. Our four week rotational menus are then shared in advance so residents are aware of what they have to look forward to at meal times.

### What if I have dietary requirements or allergies?

We cater to all allergies and carefully customise our menu to provide a balanced diet to suit all tastes and intolerances. This includes diabetic, gluten free, texture modified, halal, vegetarian, low sodium, lactose intolerant and others upon request.



# Let's Eat

THIS WEEK'S MENU

WEEK 1

<p><b>MONDAY</b></p> <p><b>Breakfast</b> Scrambled Eggs &amp; Bacon GF</p> <p><b>Morning Tea</b> Raspberry Coconut Slice V/H</p> <p><b>Lunch</b> Chicken Mignon with Potato Bake, Broccoli &amp; Carrots &amp; Mushroom Sauce GF</p> <p><b>Alternate Choice</b> Baked Ricotta &amp; Roasted Veg Salad V/H</p> <p><b>Texture Modified Main</b> Chicken Breast with Mashed Potato, Broccoli, Carrots &amp; Gravy GF</p> <p><b>Dessert</b> Mango Trifle with Mascarpone Cheese V</p> <p><b>Texture Modified Dessert</b> Mango Trifle with Mascarpone Cheese</p>	<p><b>Afternoon Tea</b> Cheese &amp; Spinach Roll V/H</p> <p><b>Dinner</b> Classic Tomato Soup with Bread Roll GF/V/H Traditional Spaghetti Bolognese with Parmesan Cheese</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> Bolognese on Mashed Potato GF</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>
<p><b>TUESDAY</b></p> <p><b>Breakfast</b> Pork Breakfast Sausage &amp; Poached Eggs GF</p> <p><b>Morning Tea</b> Chocolate Brownie V/H</p> <p><b>Lunch</b> Slow Cooked Corned Beef with Creamy Mash Potato, Braised Cabbage, Honey Carrots, Green Beans &amp; White Sauce GF</p> <p><b>Alternate Choice</b> Salmon, Potato, Pea &amp; Dill Salad GF/H</p> <p><b>Texture Modified Main</b> Corned Beef with Mashed Potato, Braised Cabbage, Honey Carrots, Green Beans &amp; White Sauce GF</p> <p><b>Dessert</b> Apple Crumble with Custard V/H</p> <p><b>Texture Modified Dessert</b> Stewed Apple &amp; Custard</p>	<p><b>Afternoon Tea</b> Blueberry Danish V</p> <p><b>Dinner</b> Crème of Cauliflower Soup with a Bread Roll V Chinese Honey &amp; Soy Chicken Skewers with Steamed Rice &amp; Asian Slaw</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> Honey &amp; Soy Steamed Chicken Breast with Mash &amp; Vegetables</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>
<p><b>WEDNESDAY</b></p> <p><b>Breakfast</b> Cheese &amp; Chive Omelette GF/V</p> <p><b>Morning Tea</b> Cheddar &amp; Bacon Savoury Muffin</p> <p><b>Lunch</b> Resident Recipe Lunch</p> <p><b>Alternate Choice</b> Mexican Bean Taco Salad V</p> <p><b>Texture Modified Main</b> Savoury Mince with Sweet Potato Mash GF</p> <p><b>Dessert</b> Cookies &amp; Cream Cheesecake V</p> <p><b>Texture Modified Dessert</b> Stewed Peaches &amp; Custard</p>	<p><b>Afternoon Tea</b> Banana Cake V/H</p> <p><b>Dinner</b> Pumpkin Soup with Bread Roll GF/V/H Mediterranean Lamb Casserole with Rice Pilaf, Yellow Squash &amp; Green Beans GF</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> Mediterranean Lamb Casserole, Mash, Yellow Squash &amp; Green Beans GF</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>
<p><b>THURSDAY</b></p> <p><b>Breakfast</b> Baked Eggs &amp; Grilled Tomato GF/V/H</p> <p><b>Morning Tea</b> Scones with Jam &amp; Cream V/H</p> <p><b>Lunch</b> BBQ Pork Spare Ribs with Cornbread, Mac 'n Cheese, Sautéed Greens &amp; Smokey BBQ Sauce</p> <p><b>Alternate Choice</b> Thai Beef Salad GF</p> <p><b>Texture Modified Main</b> BBQ Pork Spareribs with Mac 'n Cheese, Sautéed Greens &amp; Smokey BBQ Sauce</p> <p><b>Dessert</b> Whipped Chocolate Mousse GF/V</p> <p><b>Texture Modified Dessert</b> Whipped Chocolate Mousse</p>	<p><b>Afternoon Tea</b> Chocolate Chip Muffin V/H</p> <p><b>Dinner</b> Italian Minestrone Soup with Bread Roll South American Pulled Chicken with Fiesta Rice GF</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> South American Pulled Chicken with Mash &amp; Vegetables GF</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>
<p><b>FRIDAY</b></p> <p><b>Breakfast</b> Inf8 Breaky Muffin (Sausage, Egg, Cheese)</p> <p><b>Morning Tea</b> Iced Bun V</p> <p><b>Lunch</b> Battered Fish with Chips &amp; Coleslaw Lemon Wedge &amp; Tartare Sauce</p> <p><b>Alternate Choice</b> Chicken Caesar Salad</p> <p><b>Texture Modified Main</b> Steamed Fish with Mashed Potato &amp; Vegetables GF</p> <p><b>Dessert</b> Pavlova with Berry Compote GF/V/H</p> <p><b>Texture Modified Dessert</b> Jellied Fruit</p>	<p><b>Afternoon Tea</b> Mini Beef Pies</p> <p><b>Dinner</b> Potato &amp; Leek Soup with Bread Roll GF/V/H Cottage Pie with Garden Salad GF</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> Cottage Pie GF</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>
<p><b>SATURDAY</b></p> <p><b>Breakfast</b> Breakfast Frittata with Tomato Chutney V/H</p> <p><b>Morning Tea</b> Carrot Cake with Cream Cheese Icing V</p> <p><b>Lunch</b> Thick Pork Sausage with Onion Gravy, Mashed Potato, Garden Peas &amp; Baby Carrots GF</p> <p><b>Alternate Choice</b> Summer Greek Salad &amp; Roast Chicken GF/H</p> <p><b>Texture Modified Main</b> Pork Sausage with Onion Gravy, Mashed Potato, Garden Peas &amp; Baby Carrots GF</p> <p><b>Dessert</b> Crème Brulee GF/V</p> <p><b>Texture Modified Dessert</b> Crème Brulee (no toffee)</p>	<p><b>Afternoon Tea</b> Feta &amp; Spinach Egg Bites GF/V/H</p> <p><b>Dinner</b> Hearty Beef &amp; Vegetable Soup with Bread Roll Chicken Kiev with Mashed Potato &amp; Garden Salad</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> Chicken Breast with Garlic Sauce, Mashed Potato &amp; Vegetables GF</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>
<p><b>SUNDAY</b></p> <p><b>Breakfast</b> Ham &amp; Cheese Croissant</p> <p><b>Morning Tea</b> Caramel Slice V</p> <p><b>Lunch</b> Roast Chicken, Roast Pumpkin, Roast Potato, Cauliflower &amp; Broccoli Bake, Garden Peas &amp; Gravy</p> <p><b>Alternate Choice</b> Ham Off the Bone with Creamy Potato Salad GF</p> <p><b>Texture Modified Main</b> Roast Chicken, Steamed Pumpkin, Mashed Potato, Cauliflower/ Broccoli Bake, Garden Peas, Gravy</p> <p><b>Dessert</b> Self-Saucing Lemon Pudding with Ice Cream V/H</p> <p><b>Texture Modified Dessert</b> Self-Saucing Lemon Pudding with Custard</p>	<p><b>Afternoon Tea</b> Classic Cinnamon Tea Cake V/H</p> <p><b>Dinner</b> Chinese Chicken &amp; Corn Soup with Bread Roll GF Beef Schnitzel with German Potato Salad &amp; Sauerkraut &amp; Dianne Sauce</p> <p><b>Alternate Choice</b> Assorted Fresh or Toasted Sandwiches</p> <p><b>Texture Modified Main</b> Savoury Mince with Sweet Potato Mash GF</p> <p><b>Dessert</b> Fresh Fruit &amp; Ice Cream or Custard</p> <p><b>Texture Modified Dessert</b> Purée Fruit &amp; Cream</p>

V - Vegetarian GF - Gluten Free H - Halal

This menu sample is for information purposes only and it is subject to change regularly. Contact our friendly team to find out more.

# Aged Care fees explained...

## What are the fees and charges included in residential aged care?

We understand that it can be confusing and overwhelming when it comes to understanding the costs associated with aged care. That's why we're here to guide you through the different types of fees you may encounter, so you can make informed decisions with confidence.

### Basic Daily Fee

Everyone pays a basic daily fee. This fee helps pay for your day-to-day services such as meals, cleaning, facilities management, and laundry.

This fee is set by the Australian Government and is 85% of the single person rate of the basic age pension. This applies to all permanent and respite care residents. The fee applied for every day you are a resident, including days when you might be away overnight - for example, on holiday or in hospital.

### Means Tested Fee

This fee is an extra contribution that some people pay, as determined through a means assessment. It is an ongoing fee towards the cost of your personal and clinical care. Annual and lifetime caps apply\*

The means tested care fee is also set by the Australian Government and different for everyone, and not everyone will have to pay it. If you do need to pay it, Services Australia will let you and your provider know the amount once you enter care.

### Accommodation Fee

#### RAD - Refundable Accommodation Deposit

Fee paid as a lump sum; you have up to 6 months to pay. A DAP will apply until paid.

#### DAP - Daily Accommodation Payment

Fee paid as a daily payment, calculated using the government approved interest rate. This rate will vary from time to time but is fixed at the date of admission.

#### RAD & DAP - Combination Payment

This provides you with the opportunity to combine the lump sum and daily payment options.

### What is Infinite Life?

Infinite Life are additional services offered to residents at a fee. These include private consultations with our Allied Health Providers (Physiotherapist, Occupational Therapist), enhanced meal options, premium beverage packages, access to Wi-Fi to stream your favourite shows, hairdressing and more. Services and fees vary across our homes. Contact our team to find out more.

### What is an Income & Means Assessment form?

The Income and Means Assessment Form helps determine how much you will need to contribute towards the cost of your residential aged care, based on your financial situation.

## What am I expected to pay?

Current at \_\_\_ / \_\_\_ / \_\_\_

Room Type \_\_\_\_\_

The **Means Tested Fee** (MTF) is calculated based on your income and assets and determines how much you contribute to your aged care. The more you have, the higher the fee, but it's capped annually and over a lifetime. The government subsidizes part of the cost of care, and the means-tested fee helps determine your share of the costs based on your ability to pay.

To figure out this cost, you will need to complete the **Income and Means Assessment** form. This is available through Services Australia. If you're a pensioner, your financial information may be assessed automatically by Centrelink. If not, you'll need to provide additional details. They will ask about your *income* which includes pensions, superannuation, and any other income. They will also ask about your *assets*, this includes property, shares, real estate, savings, and investments.

This tool uses information about your income and assets to estimate your fees. The more specific you are the clearer your estimate will be. Your Infinite **Customer Admissions Manager** is here to help, and they can assist in giving you a quote.

Means	Basic Daily Fee	Means Tested Care Fee	Accommodation Cost	Life or Life+ Package
High Means	✓	✓	✓	✓
Medium Means	✓	Sometimes	✓	✓
Low Means	✓	✗	✗	✓

### Basic Daily Fee

Set by the Government and is standard across all providers in Australia.

\$ \_\_\_\_\_ /day

### Life Services

For premium inclusions beyond the standard Government requirements.

\$ \_\_\_\_\_ /day

### Means Tested Daily Care Fee

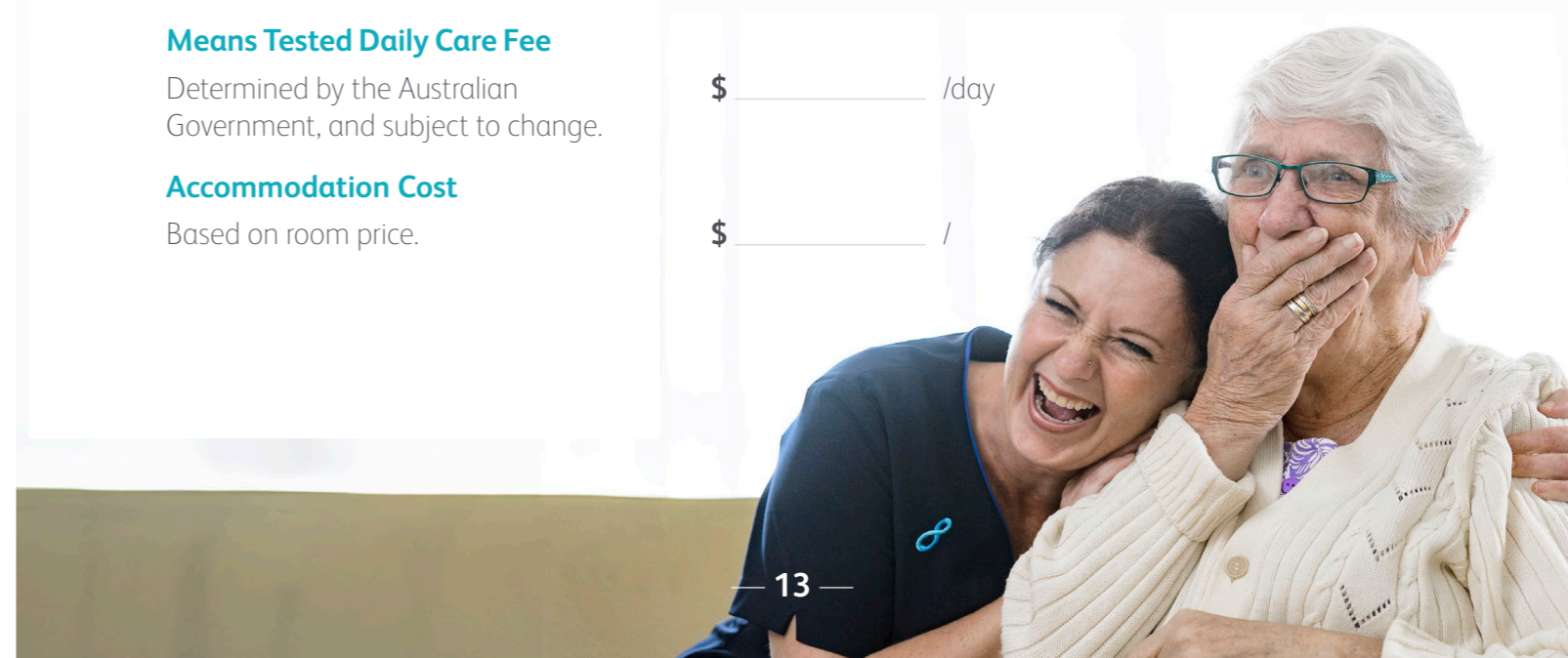
Determined by the Australian Government, and subject to change.

\$ \_\_\_\_\_ /day

### Accommodation Cost

Based on room price.

\$ \_\_\_\_\_ /



# Moving and settling *in your new home...*

Leaving your home and moving into a new place can be an emotional experience. These feelings are a normal part of the settling-in process. Remember, other residents will have also experienced these emotions. Our caring team is here to support you at every step and help you feel at home.

## GP & Allied Health

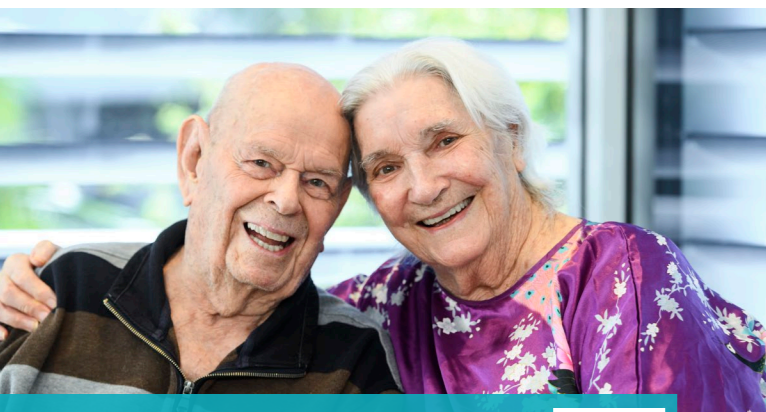
To ensure continuity of care, all Infinite Care residents have access to a visiting GP and Allied Health services. This includes Physiotherapy, Podiatry, and Occupational Therapy.

## Personal items

We encourage you to make your room your own and we love you bringing in anything that will make you feel more at home including photos, trinkets and ornaments, blankets, linen and small items of furniture.

## Family and friends

Ask your loved ones to visit you in your new home. During the first few weeks of your move, you may feel more vulnerable. Invite them to explore your new home or even go for a outing. While your loved one unfortunately can't stay overnight, they are free to visit you at any time.



Scan the QR code to access more FAQ's.



## Medication

Prior to admission you will need to obtain a complete signed medication chart from your GP listing all current medications and vitamins you are prescribed. We have an ongoing Pharmacy service that can deliver medications and prescriptions directly to you.

## Laundry

We provide onsite laundry and housekeeping services. Please note our laundry service is not suitable for items that are delicate or require hand washing. We also offer a clothing labelling service at a fee to ensure all items find their way back to their owners after laundering.

## Pets

We always welcome pets in our homes, however due to hygiene issues we are unfortunately unable to house them on site on a permanent basis.

## Cars

As visitor parking space is limited, we unfortunately cannot accommodate space for personal vehicles on site.

## Mobility Scooters

These are assessed on an individual basis upon admission and will be approved through an approved process to ensure they do not pose a hazard or risk to residents or staff.

## Checklist for move in...

- If not already in place, obtain an ACAT Assessment for Respite and Permanent care by contacting My Aged Care on 1800 200 422 or visit [www.myagedcare.gov.au](http://www.myagedcare.gov.au) for more information.
- Book a tour at your preferred Infinite Care home
- Consult with your Financial Advisor
- Fill out the appropriate form for Centrelink/DVA
- Sign an Enduring Power of Attorney (EPOA) to appoint someone to make personal and financial decisions in case you can't make them
- Doctor's letters of capacity if EPOA has any condition stating that the attorney can only act on resident's loss of capacity
- Submit the Application Form, EPOA and doctor's letter, if applicable
- Sign and return the Residential Care Agreement
- Consider putting in place an Advance Care Directive

## People you may need to notify

- Family, friends and neighbours
- Your Doctor and Dentist
- Your Community Nurse
- Your Pharmacist
- Meals on Wheels or other support
- Your Home Care Package provider
- Medicare
- Your medical insurance company
- Your superannuation company
- Australian Tax Office
- Your bank or credit union
- The Australian Electoral Commission
- Other aged care homes to which you may have applied

## Utilities to disconnect at home

- Water and sewerage
- Electricity / gas
- Home and mobile phone
- Internet service provider
- Pay TV

“They have gone above and beyond, nothing has been too hard.”







[infin8care.com.au](http://infin8care.com.au)



1800 463 468

